

BALANCED APPROACH

Enjoyable • Accessible • Sustainable • Innovative

Trainings and workshops 2011

We will be running a series of courses in South Birmingham with limited spaces. These include

| No. | Date | Course | Price |
|-----|--|---|-------|
| 1. | 4 th February | Understanding and applying Hypnosis | £100 |
| 2 | 5 th & 6 th March | Business Applications of NLP | £ |
| 3 | 18 th March | NLP for Teachers | £150 |
| 4 | 21 st to 23 rd March | Tai Chi for Health | £300 |
| 5 | 29 th April | Pupil Control & Restraint level 1 | £150 |
| 6 | 3 rd May | Introduction to CBT | £100 |
| 7 | 6 th to 8 th May | NLP Practitioner Module 1 | 1295 |
| 8 | 10 th May | 1 day intro to tai chi for falls prevention | £100 |
| | 20 th to 22 nd May | NLP Practitioner Module 2 | -- |
| 9 | 4 th & 5 th June | Coaching Applications of NLP | £ |
| 10 | 10 th 13 th June | NLP master practitioner module 1 | £2000 |
| | 24 th to 27 th June | NLP master practitioner module 2 | -- |
| 11 | 7 th & 8 th July | NLP Diploma Module 1 | £495 |
| 12 | 11 th to 14 th July | Tai Chi for falls prevention | £760 |
| | 21 st & 22 nd July | NLP Diploma Module 2 | -- |
| 13 | 8 th August | Introduction to CBT | £100 |
| 14 | 3 rd to 6 th October | Tai Chi for Cardiac Rehab | £760 |
| 15 | 7 th October | NLP Practitioner (5 day intensive) | £1055 |
| 16 | 14 th October | NLP for Teachers | £150 |

The sessions are designed to be interactive rather than just lectures so you will gain real 'hands-on' experience that you can apply effectively straight away.

For details of the other course, please e-mail us or visit <http://www.balancedapproach.co.uk>

The trainer, Mark Peters, has extensive experience in both the private and public sector and is registered with the Society of NLP, Association of NLP, General Hypnotherapy Standards Council and the British Society for Clinical and Academic Hypnosis

For these and other courses see www.balancedapproach.co.uk or call Mark to discuss

Cancellations: MUST be in writing a minimum of 14 working days before the course date. A refund will then be given less and admin fee of £50 per place. If courses have to be cancelled and rescheduled and the new dates are not convenient, a credit or refund will be offered

Booking form: workshops & Training Courses 2011

I wish to attend number(s) _____ and enclose £50ea deposit (enclose cheque made payable to Balanced Approach)

I enclose full payment for number(s) _____. **Full payment no later than 1 month before course date. Late payment may incur admin charges.**

I would like more details of _____ (by e-mail?)

Name: _____ Signature: _____

Address: _____

Fax: _____ Tel: _____

e-mail: _____ No. of places: _____

Please complete & return to: Balanced Approach, 3 Middleton Hall Road, Kings Norton, Birmingham. B30 1AB. Tel: 0121 251 6172 • e-mail: admin@balancedapproach.co.uk